

## **The Countdown Begins...7 days to the Children's Run Across Canada!**

### ***The Guru Gobind Children's Foundation (GGSCF) counts down the days to the kick off of the Children's Run Across Canada***

Toronto, Ontario June 23, 2009 – Volunteers at The Guru Gobind Singh Children's Foundation (GGSCF), a non-profit community organization, are counting down the days until they embark on the challenge of a lifetime – a run across Canada to raise money for children in need across the world.

Under the GGSCF slogan of "children helping children", participants will run from coast to coast, over nine weeks during July and August 2009 to raise awareness and funds for Canadian Children's Hospitals and for a children's project in a developing country through Plan Canada.

With less than four weeks to go until participants get set to begin the relay race in Saint John's, Newfoundland, final plans are now underway. Volunteers are reaching out to communities across Canada.

The goal is to raise \$110,000. "We are so grateful for all the donations that have come in so far. Runners are definitely encouraged by backing from the community. We hope that as the run progresses the donations will continue to pour in," says Sunny Sandher, a volunteer from Toronto.

The GGSCF volunteers are committed to making this event a success and with Vancouver in mind as their final destination, they are motivated to reach their fundraising goals. They're also looking forward to meeting people across Canada, as well as community leaders like Mayor David Miller, who will wish the children well at Nathan Phillips Square on July 22<sup>nd</sup>.

You can follow the progress of the run once it begins at [www.ggscf.com](http://www.ggscf.com) and also find out when the GGSCF will be in a city or town near you. **The site offers information about runners and you can make your donations online.**

#### **About GGSCF:**

The GGSCF, a non-profit community organization, is run by children and youth with a vision to help other children meet their basic needs, while adding meaning to their lives, and carrying out the work in the spirit of the teachings of Sikh Gurus. The motto "children helping children" anchors the GGSCF and in an effort to uphold this, the foundation primarily supports less fortunate children around the world in collaboration with six charities.

#### **Contact:**

Sandeep Kaur, Media Co-Ordinator  
GGSCF  
sandeepshako@hotmail.com  
www.ggscf.com