

This Shabad is by Guru Arjan Dev Ji in Raag Dhanaasree on Pannaa 682

ਧਨਾਸਰੀ ਮਹਲਾ ੫ ॥

dhhanaasaree mehalaa 5 ॥

*Dhanaasaree, Fifth Mehla:*

ਅਉਖੀ ਘੜੀ ਨ ਦੇਖਣ ਦੇਈ ਅਪਨਾ ਬਿਰਦੁ ਸਮਾਲੇ ॥

aoukhee gharree n dhaekhan dhaeeee apanaa biradh samaalae ॥

*He does not let His devotees see the difficult times; this is His innate nature.*

ਹਾਥ ਦੇਇ ਰਾਖੈ ਅਪਨੇ ਕਉ ਸਾਸਿ ਸਾਸਿ ਪ੍ਰਤਿਪਾਲੇ ॥੧॥

haathh dhae raakhai apanae ko saas saas prathipaalae ॥1॥

*Giving His hand, He protects His devotee; with each and every breath, He cherishes him. ॥1॥*

ਪ੍ਰਭ ਸਿਉ ਲਾਗਿ ਰਹਿਓ ਮੇਰਾ ਚੀਤੁ ॥

prabh sio laag rehiou maeraa cheeth ॥

*My consciousness remains attached to God.*

ਆਦਿ ਅੰਤਿ ਪ੍ਰਭੁ ਸਦਾ ਸਹਾਈ ਧੰਨੁ ਹਮਾਰਾ ਮੀਤੁ ॥ ਰਹਾਉ ॥

aadh a(n)th prabh sadhaa sehaae dhha(n)n hamaaraa meeth ॥ rehaao ॥

*In the beginning, and in the end, God is always my helper and companion; blessed is my friend. ॥Pause॥*

ਮਨਿ ਬਿਲਾਸ ਭਏ ਸਾਹਿਬ ਕੇ ਅਚਰਜ ਦੇਖਿ ਬਡਾਈ ॥

man bilaas bhae saahib kae acharaj dhaekh baddaaee ॥

*My mind is delighted, gazing upon the marvellous, glorious greatness of the Lord and Master.*

ਹਰਿ ਸਿਮਰਿ ਸਿਮਰਿ ਆਨਦ ਕਰਿ ਨਾਨਕ ਪ੍ਰਭਿ ਪੂਰਨ ਪੈਜ ਰਖਾਈ ॥੨॥੧੫॥੪੬॥

har simar simar aanadh kar naanak prabh pooran paij rakhaae ॥2॥15॥46॥

*Remembering, remembering the Lord in meditation, Nanak is in ecstasy; God, in His perfection, has protected and preserved his honor. ॥2॥15॥46॥*