

G.S.UNITED YOUTH SOCCER

2016 OUTDOOR SUMMER



Uniform Pickup Day Hand-Out for Parents – May 29, 2016

To make the season fun and enjoyable we ask parents/guardians for the following cooperation during the season:

1. Please bring the player on time – 6:30pm he should be on the field
He should be dressed to play (shirt should be tucked into the shorts)
and bring his numbered practice soccer ball. Make sure he has shin-pads
(you can buy from any local sports stores such as Wal-Mart, Canadian Tire etc.)
2. Game Cancellation - If games are cancelled because of bad weather this will be recorded on the G.S.United
Hotline by 6:00pm so please check by calling the **GGSCF Line 416-564-3939**. Do not call the Gurdwara and do
not call before 6pm. Cancelled games will be rescheduled and you will be advised of the date at the next session.
3. Please attend as many of the sessions as you can, children take more of an interest in a sport if they know it is
important to their parents also. Just dropping them off in the parking lot shows little interest. Also practice with them
at home on some of the skills being taught.
4. During games and practices please keep off the fields. Watch from the side lines and not from the goal lines which
can be distracting to players. Keep any comments positive.
5. Help us to protect and maintain the park. Please pickup belongings (newspapers, water bottles etc.) at the end and
help keep the park clean. If you see any one damaging property please report this to us.
6. If you have any complaints please take these up with the adult volunteers rather than the youth who help out.
7. If you go into the Gurdwara after the games for langar, then please also help as much as you can to prepare and
serve the langar so that it does not place extra burden on the Gurdwara volunteers.
8. Receipts for the registration fee for the program will be given out by the end of the season.

We want to remind parents this is a house league with the focus on having the players learn skills in a fun environment. For those who want to be more competitive we will try to form teams for participation if there are sufficient players. Thank you for your participation and if you have any concerns and questions please let us know.

Kundan Singh - *G.S.United Executive Committee*

IMPORTANT DATES for PARENTS/PLAYERS

Season Starts

All players - Monday May 30th and then there will be games every Monday and training on Thursday
from 6:30pm to 7:30pm for 4 to 5 year olds and 6:30 to 8:00pm for 6 year olds and older
- Picture Day Thursday June 16th

August - Tournament, Fun Day, Gurdwara Picnic – Saturday August 13, 2016

Season Finish - Aug 22nd - Last day summer season and AWARDS DAY

www.ggscf.com

GGSCF Phone Line 416-564-3939

G.S. UNITED YOUTH SOCCER

2015 OUTDOOR SUMMER



VOLUNTEER RULES & GUIDELINES – May 2016

To make the season fun and enjoyable we ask volunteers for the following cooperation during the season:

1. Please read handout given to parents as it outlines expectations from them and will also allow you to know what to do when there is bad weather etc.
2. The most important thing for you is to be on time and give undivided attention and focus to the club and players. We expect volunteers to be inside the park at 6:15pm (15 minutes) before game time. When you arrive please sign-in and then see the Operations Coach (OC) as he/she will assign you a team and get equipment to setup the field so that you can coach the players assigned to you. When OC blows the final whistle for the end of the day, please get your team together, pickup all equipment and return with your team and join the circle for any announcements to the players. After the player are dismissed, you stay for any announcements to the volunteers and after you have put away any equipment. After that you are free to go.
3. Any snacks are to be given to players first and when all your team has been given a snack, you may have one.
4. Volunteers should NOT – be on a cell phone, use bad language, discipline players, be socializing, be putting players down verbally or with actions.
5. Volunteers are expected to be – helping to develop the skills of the players, be caring to all players, show no favoritism, report to seniors if players do not cooperate or cannot behave themselves, stay with their team, direct complains to the Executive.
6. Volunteer shirts are given by the club for those who volunteer. Those who do not follow the rules and guidelines will be given one warning (or no warning for serious offenses) and be asked to return the volunteer shirt and be dismissed. Also wear appropriate shorts/track pants and trainer shoes, hair should be tied.
7. Those seeking community hours please hand in your forms by the end of July and these will be returned to you before the end of the season. When giving forms please place in an envelope and make sure your full name, phone number and address including postal code is included.
8. All the volunteers at the club have various levels of soccer skill. If you are a coach and you have limited ability, do not worry the club has others with a high level of skills and they will support you in practicing techniques which you can then guide the players. All we ask is that you listen to these instructions and repeat them to the best of your ability.
9. Warm-ups are very important to avoid injury. We ask all coaches to take part and spend the first 15 minutes getting the players warmed up and the last 5 minutes doing stretches. We ask that you do these exercises also, so if you want them to run, run with them, if you want them to do sit-ups do sit-ups as well. Remember what is good for them is good for you too and young players learn more from following than lecturing.
10. Last of all while these seem to be a lot of rules, the idea is to have fun, enjoy developing the skills and taking part in a game. The players and you have to enjoy the hard work and effort and I am sure the outcome will be rewarding to all. We will be having a volunteer appreciation night at the end of August.

We would like to thank you for volunteering as without you this club could not run. Volunteering is not for everyone as it requires special people, these being those who can give up their time and share their skills/knowledge for the benefit of others. They are giving people living in a world where most people are takers or want to know what benefit they can achieve when they take part. We appreciate the effort for those who put in the time and effort as your generosity makes helps in the development of the children in the club. Thank you for your participation and if you have any suggestions, concerns and questions please let us know.